



freedom

# Kitchens

For Multi-Generational Accessible Living

2021

by Symphony®



## HOME, IN HARMONY WITH YOU

---

The kitchen is the heart of the home,  
the hub of the household  
and a space to bring people together.  
A place to experiment, create and entertain  
without any limitations.

We have created an innovative collection of kitchens,  
that can be designed to your requirements  
and is ideal for multi-generational households.  
Our kitchens combine functionality and style  
by offering you the freedom of independence in your kitchen  
whilst combining a selection of beautiful finishes  
to create a kitchen perfect for you.

Welcome to Freedom.

## CONTENTS

---

	HISTORY OF QUALITY 04	ADAM THOMAS COLLABORATION 06
MULTI- GENERATIONAL 08	DESIGN PRINCIPLES 12	DESIGN 1 14
DESIGN 2 24	FINISHING TOUCHES 34	
CREATE YOUR DREAM KITCHEN 38		



## A HISTORY OF QUALITY

---

Welcome to the Freedom brand of kitchens from Symphony. Symphony is one of the UK's largest suppliers of fitted kitchen, bedroom and bathroom furniture. As a market leader with almost 50 years' experience we are constantly investing in ways to improve our products, service and sustainable manufacturing principles to create the perfect living space.



### DESIGN THAT DEMANDS ATTENTION

A Freedom kitchen effortlessly integrates new interior trends with unsurpassed functionality. Combining innovative design principles with expertly curated cabinets to create a space that embraces warmth and personality.



### HIGHEST STANDARDS

Symphony is a fully accredited member of FIRA, the Furniture Industry Research Association. All our kitchen furniture passes the FIRA Gold product certification and ongoing auditing procedures continuously benchmark our performance. Symphony is also accredited with a full Forest Stewardship Council (FSC®) chain of custody.



## QUALITY CRAFTSMANSHIP

---

Symphony's production facility in the UK sets the benchmark for the whole UK furniture industry.

It boasts some of Europe's most advanced manufacturing and assembly technology, and all Freedom kitchens are made to the most stringent quality standards.

freedom

by Symphony®



Symphony®

## IN COLLABORATION WITH ADAM THOMAS

Adam Thomas is the UK's leading designer of accessible kitchens, with an unrivalled reputation for his innovative designs; Adam set the standards for the industry.

With over 40 years of personal experience alongside years of research, Adam has developed a set of design principles that can be applied to suit each individual's requirements.

Adam's work has helped transform lives by empowering his clients with a sense of independence. He has raised the bar for accessible kitchens to demand that they are both practical and stylish.

Working in partnership with Adam Thomas Consultancy, Symphony has incorporated these design principles to develop a collection of kitchens that are both attractive, accessible and empowering.

## ACHIEVEMENTS

Lecturer at Bucks New University,  
FDA Kitchen Design Degree

Winner, KBSA Accessible/Inclusive  
Designer of the Year Award, 2015

Co-author, Wheelchair Housing Design Guide  
(WHDG), 3rd Edition 2018 – Joint Project:  
Habinteg & Centre for Accessible Environments

Named as one of the top 10 influencers  
for 'access and equality' in the 2014  
Disability Influence list

Co-author of the Mayor of London's  
'Private Sector Wheelchair Housing  
Design Guide'

Head consultant of accessible kitchens  
for the competitor village at the  
London 2012 Games

Selected as one of Britain's most influential  
disabled people in the Power 100 List 2015

Winner of the inaugural 'Designer Award  
for Accessible Kitchens 2006',  
KBB Review Industry Awards

Awarded KBB Lifetime Achievement Award 2020

*My ambition is to change the face of accessible  
kitchen design, enabling 'access for all' by designing  
flexible, high quality kitchens that solve the problems  
no one else will tackle.*





#### DESIGNER TIP

*It is important to consider who is going to be interacting in the kitchen. By factoring this in at an early stage, the space can be created that is accessible for all.*

## MULTI- GENERATIONAL

The joy of a family coming together cannot be matched. Our new collection allows all generations to enjoy a space without limitations. Freedom creates an environment where socialising, entertaining and interacting comes as second nature.





# DESIGN PRINCIPLES

An accessible design should be tailored to the needs of its user. Each space should be truly fit for purpose, using fundamental design principles to achieve the most inspiring space that encompasses safety, style and flexibility.

## DESIGNER TIP

Whether renovation, extension or new build the kitchen footprint and design should be planned at an early stage. Enough space should be provided to create an accessible kitchen, therefore the positioning of doors, windows, boilers and radiators needs to be carefully considered.

1500mm Turning circle

## Safety

A fundamental principle of inclusive design is ensuring safety throughout. This needs to be considered at every stage of planning and includes the layout of kitchen cabinets to the height of ovens and work surfaces. Features such as waterfall edge worktops and induction hobs are highly recommended whilst the contrast in colour between frontals, worktops, floors and walls will assist users with visual impairments.



## Style

Style should never be compromised in a Freedom design. Using a combination of finishes on tall and base cabinets ensure a modern style. Finish the look with statement worktops and essential accessories such as lighting and drawer organisers.



## Flexibility

Features such as electric rise and fall worktops and wall cabinets can be adjusted by the user. Innovative oven housings, pull-out tables and pull-out wirework can be included alongside standard cabinets to create a space for independence.





DESIGN

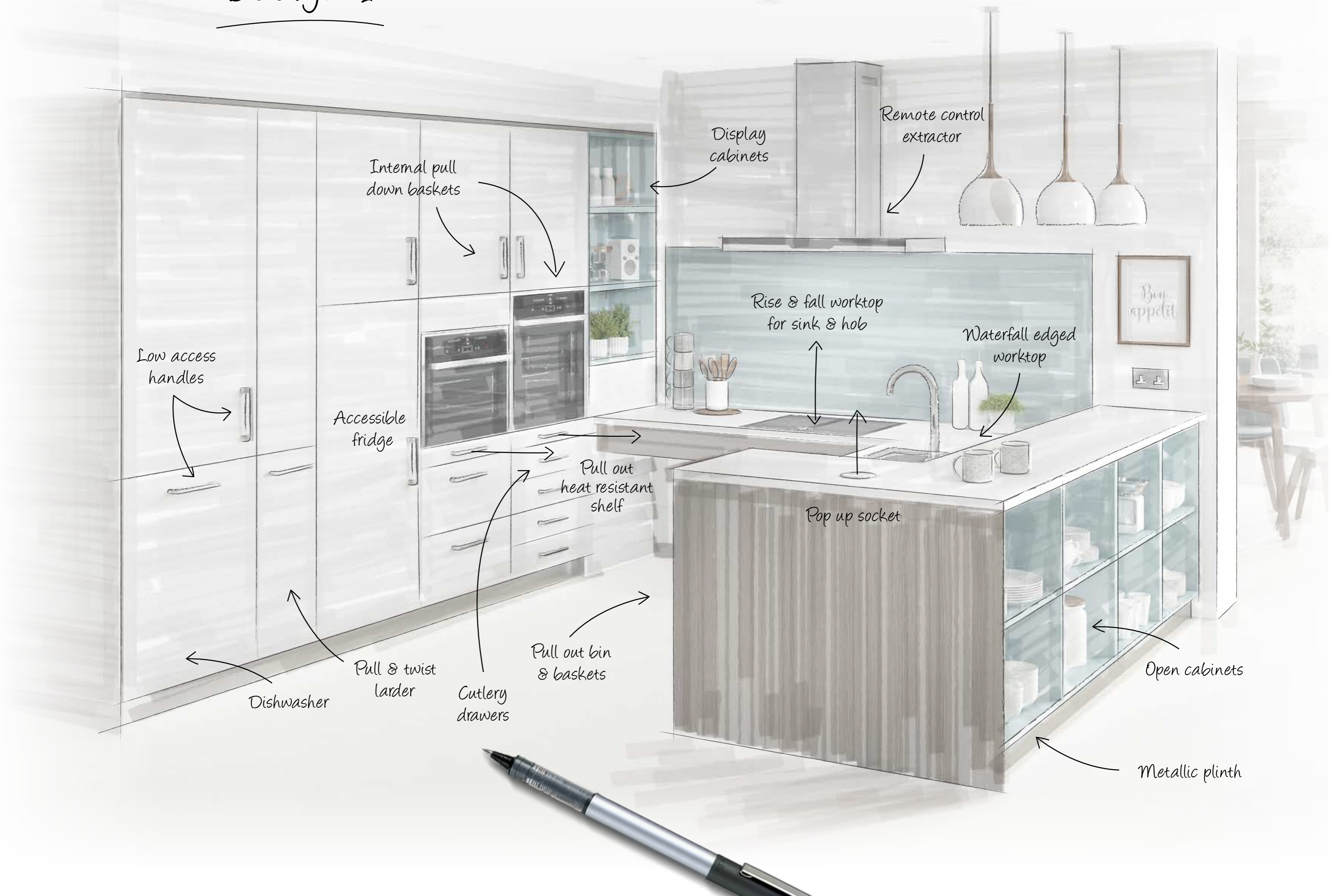
01

The footprint of this kitchen lends itself to a design that utilises a right angle rise and fall work surface. This innovative feature means that the performance and flexibility of this kitchen is achieved whilst also offering an attractive open plan style peninsula design.

The requirements of each user have been considered to create a kitchen that best reflects their lifestyle, whilst personal taste has been embraced throughout with the use of light finishes and colourful accents.



# Design 1







Freedom kitchens utilise clever design features that enable comfortable, safe use of the kitchen and greater access to cabinet contents.

This design incorporates features that help reduce reaching, crouching or bending and can be adjusted to suit each person using the kitchen.

Our waterfall edge worktops can reduce serious injuries caused by spillages in the kitchen by up to 75%.





Cabinet contents can be made more accessible with drawers and pull-down options.

Our pull and twist larder ensures that items can be accessed and provides plenty of storage capacity, whilst pull-down baskets are ideal for higher cabinets.

The right-angle rise and fall feature subtly combines with the kitchen peninsula and bank of tall cabinets in this design, generating a truly inclusive kitchen without compromising on the modern feel throughout.

Slide and hide ovens that feature full extension shelves enables transfer of items in and out the appliance. Pull out shelves under ovens provide convenient heatproof resting space where required.

A dishwasher can be designed into the tall bank of cabinets so that storage space in the kitchen is maximised.





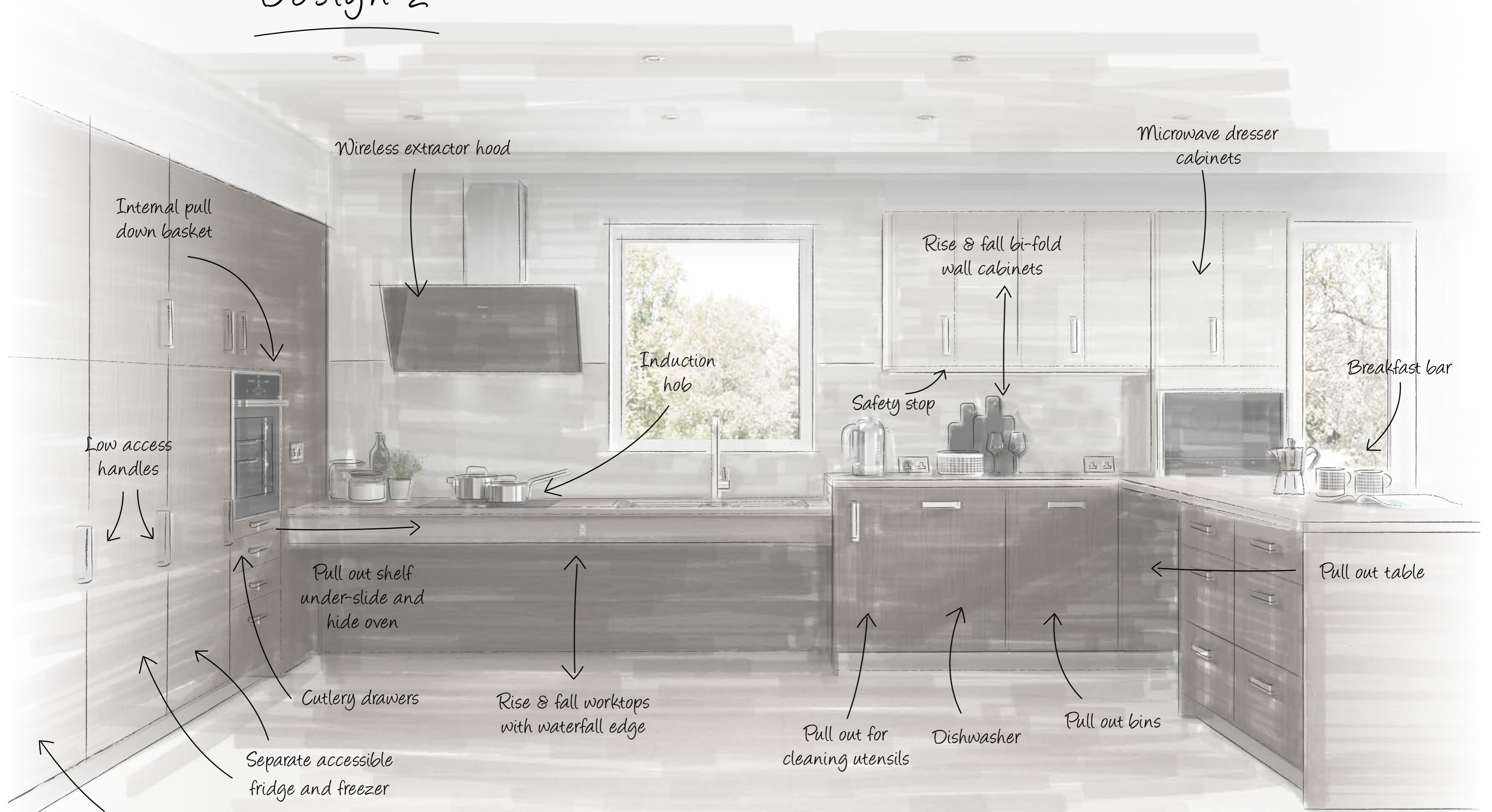
DESIGN

02

The amount of space available for this design lends itself perfectly to a straight one-piece rise and fall worktop. A modern feel has been created with the selection of finishes and clever hidden features have been incorporated to maximise accessibility.

By creating an environment with all the desirable attributes, the family can use this space freely with no restrictions on functionality.

# Design 2



Internal pull down basket

Wireless extractor hood

Microwave dresser cabinets

Low access handles

Induction hob

Rise & fall bi-fold wall cabinets

Breakfast bar

Safety stop

Pull out shelf under-slide and hide oven

Pull out table

Cutlery drawers

Rise & fall worktops with waterfall edge

Pull out for cleaning utensils

Dishwasher

Pull out bins

Separate accessible fridge and freezer

Cranked larder







Rise and fall worktop and electric wall cabinets have been included in this family kitchen, ensuring everyone can comfortably access the features in the design.

Wall cabinet access may also be improved with the uses of pull-down baskets which ensures higher level storage can be accessed above appliance housings.







A bank of cabinets looks striking and encourages the use of all available space and helps achieve maximum storage capacity.

Pull out tables can be used for dining or food preparation, creating additional space where limited.



Moving items out of a hot oven can be made safer by combining Freedom appliance housings with slide and hide ovens. Our appliance housings include a heat resistant pull-out shelf to aid the transfer of hot pans and trays from the oven to the worktop, reducing the need to carry items long distances.



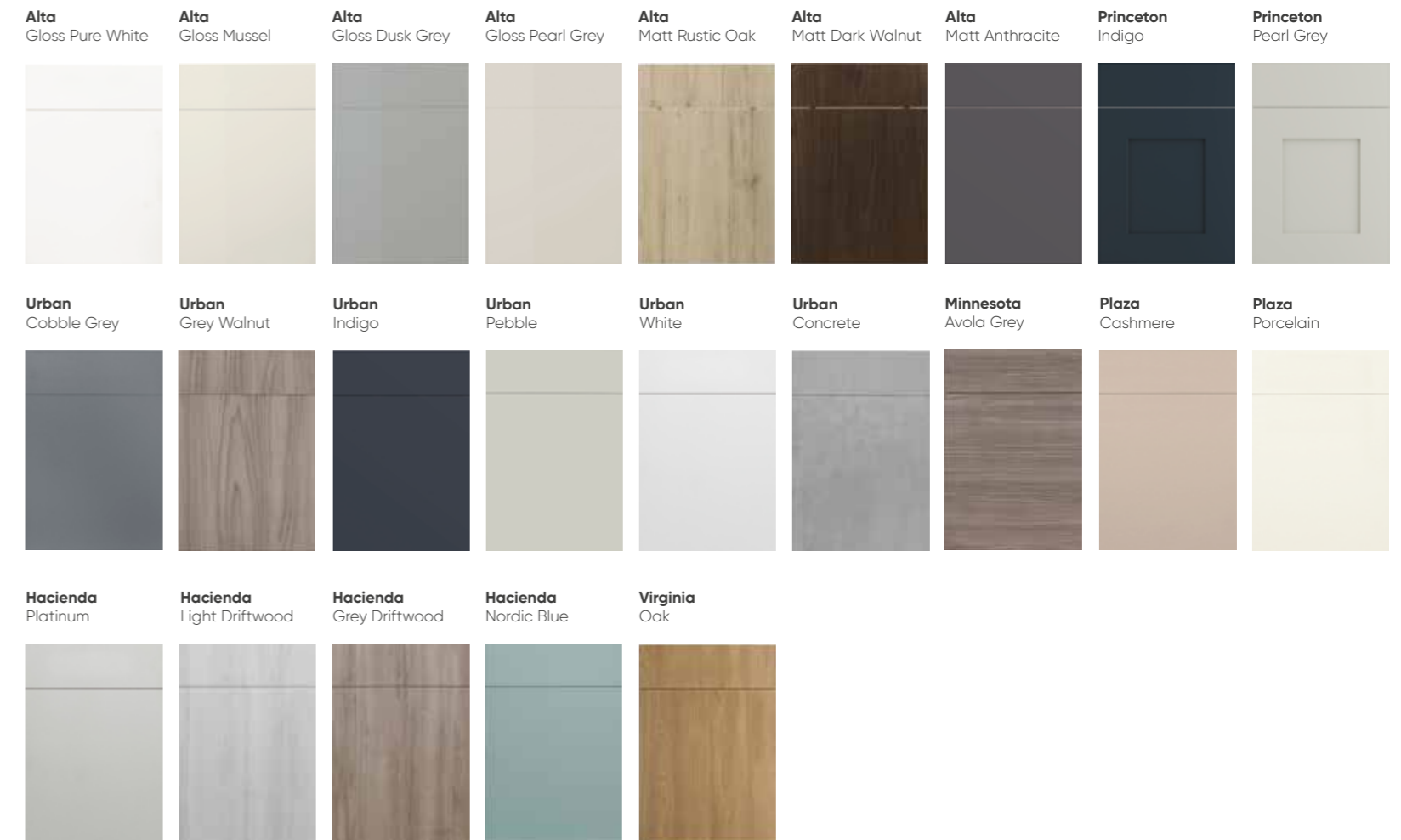
## FINISHING TOUCHES

We know that the finishing touches make all the difference. Once you've picked your kitchen, you can personalise it to your heart's content with a selection of handles and work surfaces.



## FINISHES

Gloss, Matt and Woodgrain styles, there is a variety of finishes to select from.



### Light Reflective Values (LRV)

Symphony has worked in partnership with the Royal National Institute of Blind People (RNIB) to assess the light reflective values (LRVs) of the Freedom range.

Effective colour contrast is one way in which the ability to detect different surfaces can be achieved, making it easier and safer to move about and use the environment.

If the difference in LRV is greater than 30 then it is likely that the difference between the surfaces should be visible in all light conditions.



### Work Surfaces

22mm PVC Edged	LRV
Brazillia	18.2
Concrete	54.00
Rustic Oak	44.8

Venice Marble	21
Volcanic Ash	18
Woodstone	65

### 28mm Solid Surface

28mm Solid Surface	LRV
Lava	23.20
Fossil	56.00
Iceberg	81.00
Cristallo	79.00

### 40mm Premium

40mm Premium	LRV
Chalet Oak	23.00
Cinnamon	24.00
Cloudy Cement	41.2
Colmar Oak	22.00
Liberty Rock	10.8
Platinum Metallic	12.00
Roman Oak	19.4

### Door Finishes

#### Gloss Options

Gloss Options	LRV
Alta Gloss White	80.00
Alta Gloss Mussel	64.00
Alta Gloss Dusk Grey	21.00
Alta Gloss Pearl Grey	50.00
Princeton Indigo	7.00
Princeton Pearl Grey	50.00
Urban Concrete	50.00
Urban Cobble Grey	26.00
Urban Grey Walnut	31.00

#### Matt Options

Matt Options	LRV
Alta Dark Walnut	9.20
Alta Matt Anthracite	12.00
Alta Rustic Oak	45.00
Hacienda Grey Driftwood	31.00
Hacienda Light Driftwood	65.00
Hacienda Nordic Blue	81.00
Hacienda Platinum	50.00
Minnesota	18.00
Plaza Cashmere	54.00
Plaza Porcelain	74.00
Urban Indigo	50.00
Urban Pebble	50.00
Urban White	83.00
Virginia	29.00

# WORK SURFACES

Durable and with easy-clean technology, our range of work surfaces offers individuality in your kitchen.

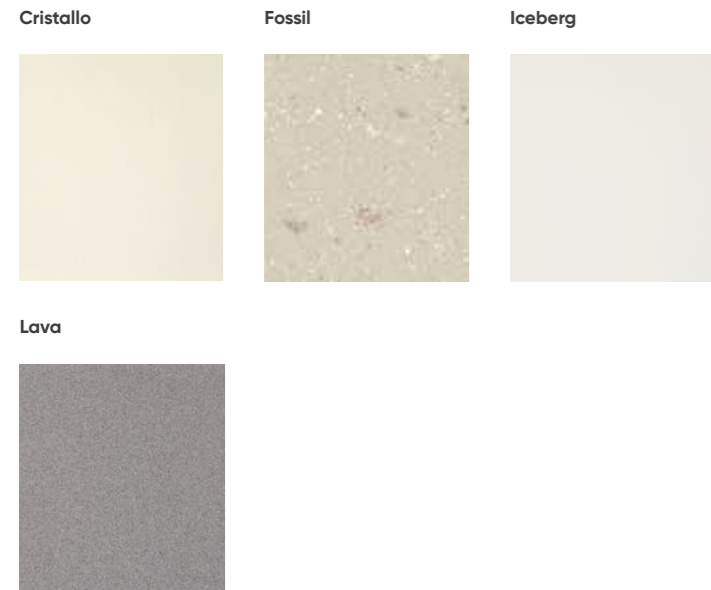


# HANDLES

Our handles have been hand picked to create a selection that complement our frontals and are ergonomic to use.

## 28mm Solid Surface Countertops

A selection of stunning and highly versatile countertops made from a 3mm acrylic material with 25mm core, which is water repellent. Available with or without waterfall edge. Also available as matching upstands and splashbacks.



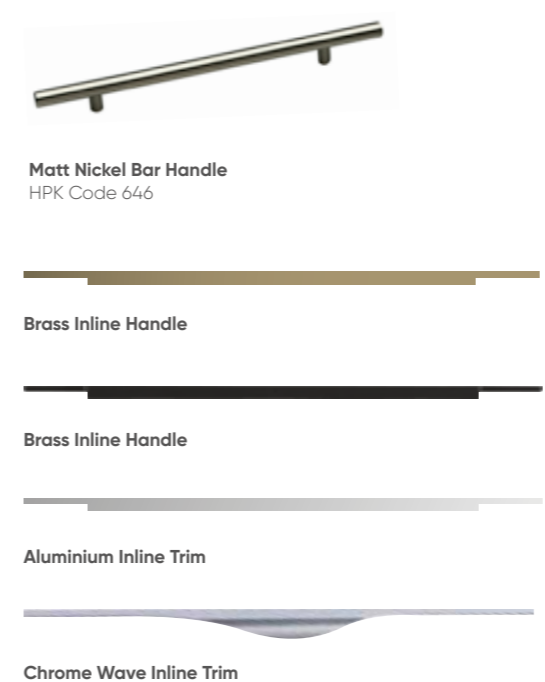
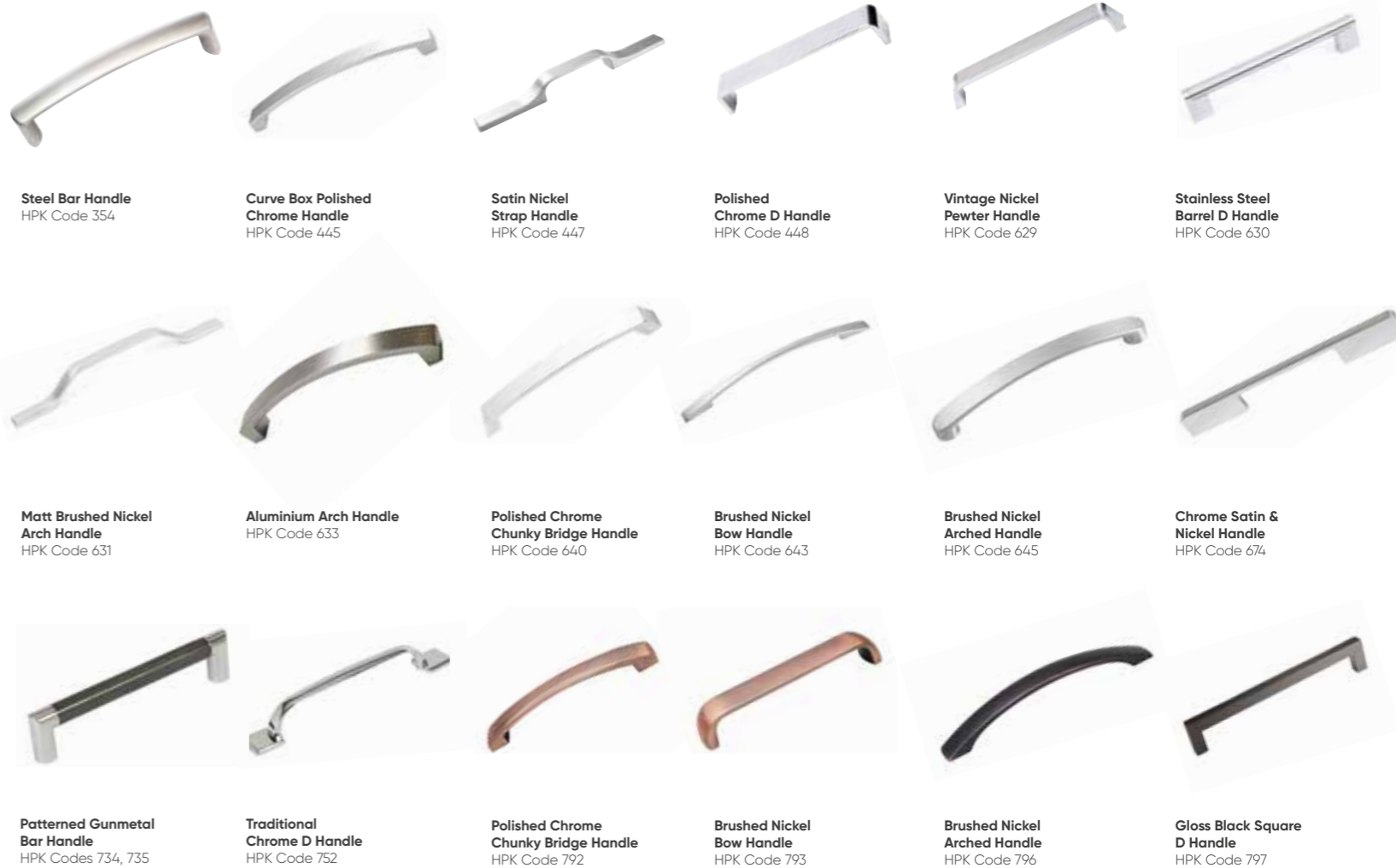
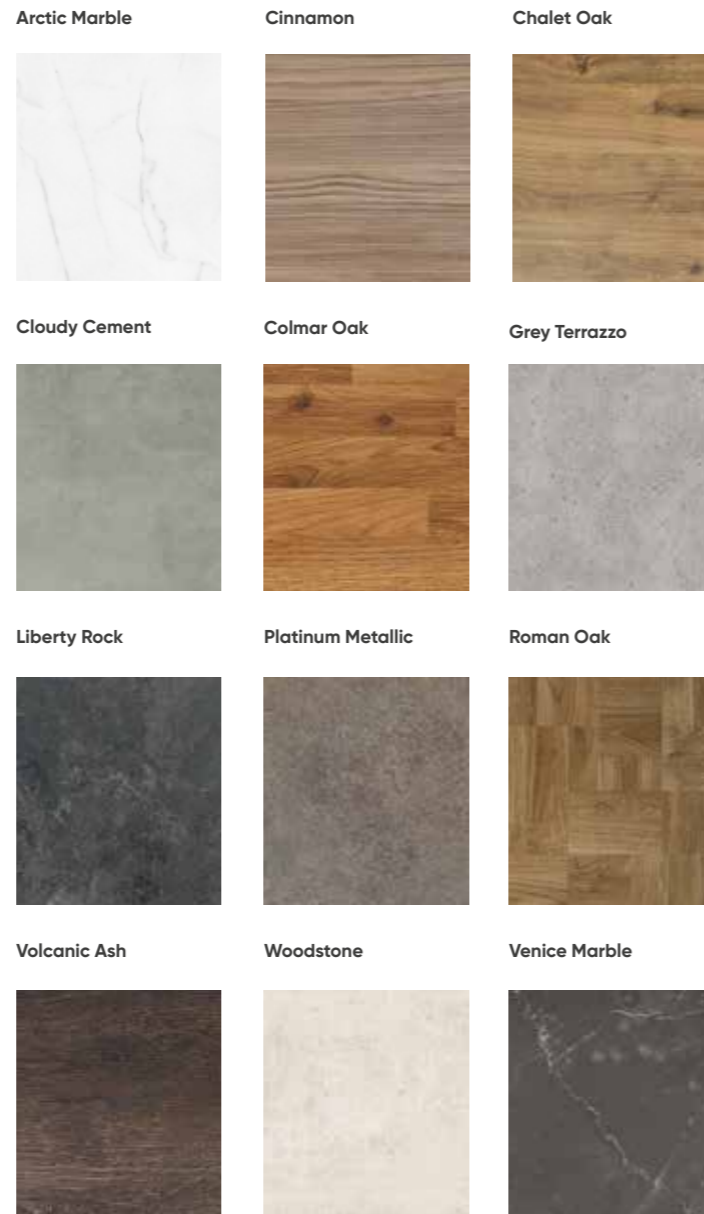
## 22mm PVC Edged Work Surfaces\*\*

Thin worktops are very popular in modern kitchen design so our 22mm worktops are an on-trend choice. Also available as matching upstands and splashbacks.



## 40mm Premium Postformed Work Surfaces\*

Our range of premium worktops have been developed to have a modern radius of 3mm for a more contemporary look and feel. Also available as matching upstands and splashbacks.



\*Not available with a waterfall edge.  
\*\*22mm worktops are not suitable for placement on a rise and fall worktop.

1

### Find the look

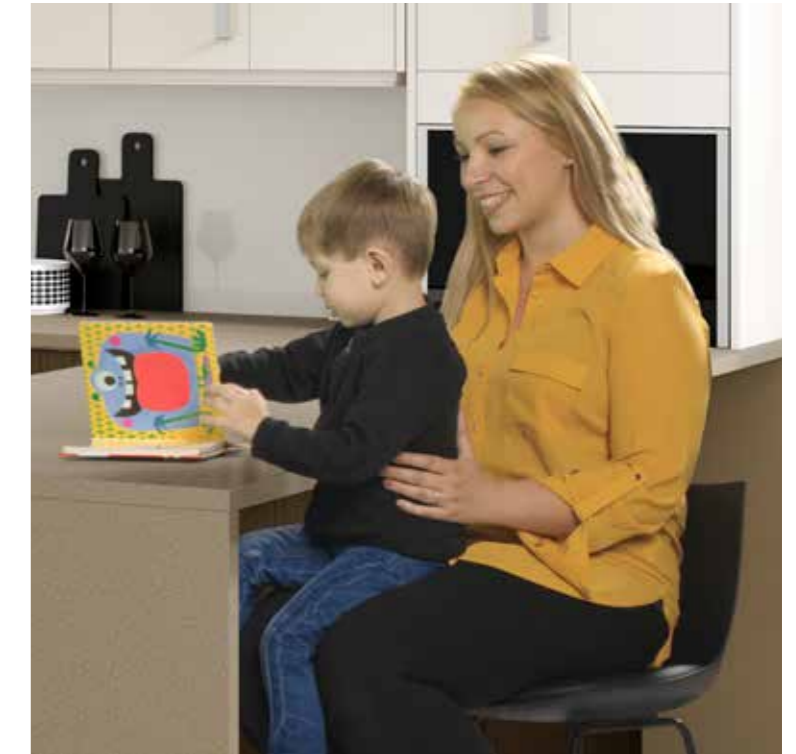
Browse online and in magazines to find the look you want to achieve, then use this brochure to see how our products can bring your vision to life.



3

### Choose a kitchen to suit your lifestyle

Now is the time to decide if you are looking for an area to entertain or for the ideal space to fit the family. The design needs to fit your life so it is important you think about what you would like to do in the space.



# CREATE YOUR DREAM KITCHEN IN 5 EASY STEPS

2

### Plan your design

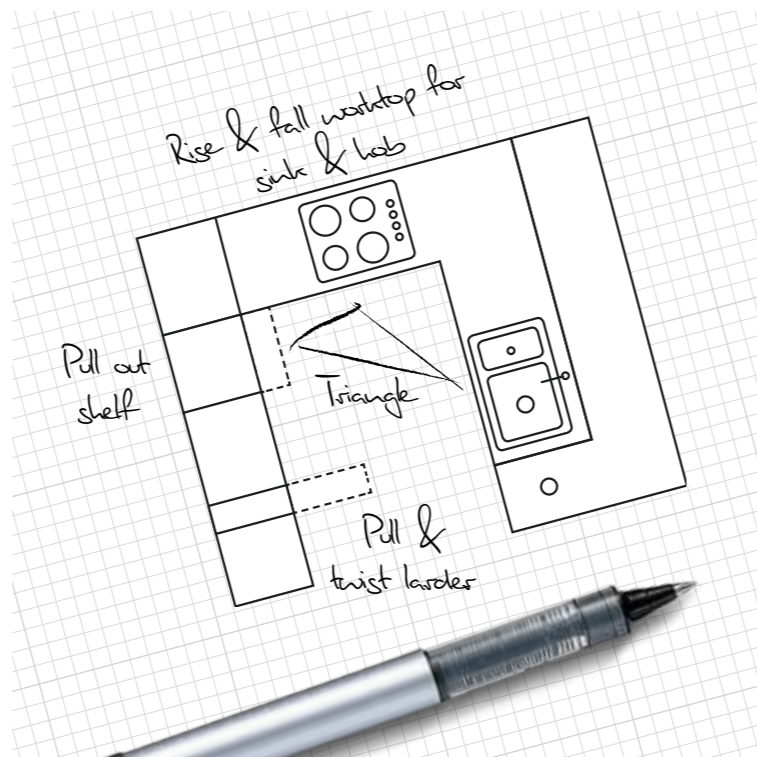
It is important to look at the available space to understand the style you can achieve. Does this space lend itself to a U or L- shaped kitchen? Will you be able to provide enough worktop space? Where will storage space be?



4

### What features will you need?

Will you design a rise and fall worktop or would a fixed worktop with electric wall cabinets be more practical? Our handpicked offer means you will not need to compromise on providing great access to the kitchen.



5

### Talk to our experts

All designers are equipped with a wealth of knowledge in accessible design. They know how to select a range of products to suit your requirements and can advise on how you can create the perfect look for a dream kitchen.








## TRAINING THE EXPERTS

---

Adam Thomas has trained each Freedom designer using proven techniques and principles developed through over 40 years of kitchen design.

This means all our designers are fully equipped with industry-leading knowledge to ensure the very best in design is passed on to you. Our aim is to lead the way in inclusive design with a mission to ensure everyone has a kitchen they can use independently.

Through ongoing collaboration and support Adam is helping to ensure each Freedom kitchen is created with independence, flexibility, safety and style.



# Symphony®

symphony-group.co.uk


## LAURA ASHLEY

KITCHENS AND FITTED BEDROOMS

LINEAR™

urbano®

aquadi®



To ensure the continuous development and improvement of our products, we reserve the right to make changes to the colour, design and descriptions or methods of manufacture of our furniture. Such changes may be made without prior notice and without incurring liability. In many of our products we use wood, a natural living material which will reflect a variety of grains and textures, so variances must be allowed for. Styles that feature timber, PVC, laminates and melamine finishes may incur a slight colour change over the years. The term 'solid timber' applies to door and drawer fronts only. Colour reproduction in this brochure is as accurate as printing techniques will allow. Not every showroom contains all the products featured in this brochure.

Copyright and all other rights in this brochure, the photographs and other works upon which it is based is owned by The Symphony Group PLC. No part of this brochure, said photographs and other works may be reproduced or transmitted in any form or by any means (including but not limited to photocopying or storing in any electronic medium) without the prior express written permission of The Symphony Group PLC. Copyright The Symphony Group PLC 2021.

freedom

2021

by Symphony®